

Complementary & Alternative Health Care Client Bill of Rights

Practitioner Name: Melanie Metz
Business Name: Melanie Metz Healing Therapies, c/o Adagio Holistic Therapies, LLC
Business Address: Location 1 (Adagio): 710 West 40th Street, Minneapolis, MN, 55409
Telephone number: (612) 760-3076 (Melanie), (612) 288-0488 (Adagio)

As of July 1, 2001, Minnesota's Freedom of Access to Complementary Care Law (Statute Chapter 146A) requires that you receive and acknowledge that you have received by your signature, the following information prior to your treatment.

Melanie Metz, hereafter, "the Practitioner" has the received following education, training & credentials:

- Associates of Applied Science degree - East West Therapeutic Bodywork, 1350 Clock Hours, 64 Credit Hours, from CenterPoint Massage & Shiatsu Therapy School & Clinic, April 2018
- Certificate – Visceral Manipulation: Abdomen 1, 24 Hours, Lorrie Harper, The Barral Institute, November 2019
- Certificate – Craniosacral Therapy Techniques, 45 Hours, Andrej Peterka, CenterPoint Massage & Shiatsu Therapy School & Clinic, August 2019
- Certificate – H.A.R.T. Method: Holistic Abdominal Relief Therapy *Beyond Maya Abdominal Therapy*, 45 Hours, Kimberly S. Hart, Adagio Holistic Therapies, LLC, December 2018
- Certificate – Connective Tissue Therapy, 6 Hours, Chelsea Weimer, CenterPoint Massage & Shiatsu Therapy School & Clinic, March 2018
- Certificate – The Endocannabinoid System: Topical Cannabis Applications, 4 Hours, Julie Crispin, Massage Topicals, LLC, October 2018
- Certificate – Advanced Asian Bodywork, 45 Hours, Andrea Sullivan, CenterPoint Massage & Shiatsu Therapy School & Clinic, November 2017
- Certificate - Cupping, Moxibustion and Gua Sha Level I, Kimberly S. Hart, Adagio Holistic Therapies, LLC
- Fundamentals of Traditional Healing, 9 Month Tutorial, Kimberly Hart and Selma Sroka
- Certificate - Curanderismo Part 1, 2 & 3: Traditional Healing of the Body, of the Spirit/Energy and with Cultural Traditions, University of New Mexico, Dr. Eliseo Torres
- Certificate - Traditional Medicine without Borders, University of New Mexico, Dr. Eliseo Torres
- Certificate - Meditation Health, License 451562-11, Allegra Learning Solutions, LLC, 2015
- Reiki Practitioner Levels I, II, III and Master Certification, Quantum Heart Reiki School, Dawn Marian
- Hands-on Energy Healing, Basic and Advanced Training, Echo Lee Bodine
- Ordained Minister
- Bachelor of Science Degree, Biomedical Science & Chemistry, from Saint Cloud State University

"THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY. Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis from a licensed physician, chiropractor, or acupuncture practitioner, or services from a physician, chiropractor, nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time."

- **Complaints:** If the Client has a complaint or concern about the care or services they have received, the Client may also contact the Office of Unlicensed Complementary and Alternative Health Care Practice located in Minnesota Department of Health:
Mailing address: P.O. Box 64882, St. Paul, MN 55164-0882
Phone: 651-201-3721 **TTY:** 651-201-5797 **Fax:** 651-201-3839
Website: <http://www.health.state.mn.us/divs/hpsc/hop/ocap/index.html>
- **Fees, Payment, Insurance as of November 1st, 2019:**
 - HART Method 45 min session is \$95 + tax
 - Massage, Craniosacral & Energy Healing: 60 min is \$105 + tax/ HART Method: 60 min is \$125 + tax
 - Massage & Energy Healing: 90 min is \$155 + tax / HART Method: 90 min session is \$175 + tax
 - Massage: 120 min session is \$205 + tax
 - Intuitive Guidance Reading: 60 min session is \$125

Payment is accepted by cash, check, credit card (VISA/MC/AE). This Practitioner is not on contract with any HMOs, PPOs or any other Insurance Company to provide discounted services. This Practitioner does not accept Medicare, Medical Assistance or general assistance medical care. Melanie Metz Massage Therapy does supply a receipt at time of payment with the appropriate CPT codes, thus clients may submit for reimbursement themselves, if they so desire. Payment for services is expected in full at the time of service, unless otherwise arranged prior to the appointment. Melanie Metz Massage Therapy requires a minimum of 24-hour business day advanced notice for cancellations or the client may be charged for the full appointment.
- **Change of Price:** Clients have the right to reasonable notice of changes to the prices, services, or policies.
- **Theory of Treatment:** The state requires a "Plain language" summary of the "theoretical approach used to provide service to clients". The Practitioner's Theory of Treatment is as follows:
 - The Practitioner utilizes Shiatsu Therapy, Cupping, Gua Sha, Moxibustion, Deep Tissue Massage, Trigger Point, Swedish Massage, Connective Tissue Therapy, H.A.R.T Method Maya Abdominal Therapy, CranioSacral Therapy, and Spiritual Energy Healing techniques within scope of practice to help clients reduce pain, improve circulation of blood and lymph, improve range of motion, heal soft tissue injuries, balance energy, reduce stress, calm nervous system and enhance quality of life.
- **Right to Current Information:** Clients have the right to complete and current information concerning the practitioner's assessment and recommended service that is to be provided, including the expected duration of the service to be provided.
- **Right to Confidentiality:** Client records are confidential and will not be released, unless authorized by the client in writing or as otherwise provided for by law.
- **Right to Self Access:** Clients have the right to access to their own records maintained by the Practitioner's office, in accordance with state statute sections 144.291 to 144.298.
- **Personal Interaction:** Clients have the right to expect courteous treatment, free from verbal, physical, or sexual abuse.
- **Other Treatment Available:** Other massage therapy services are available to the Client in this same community. These can be located by asking the Practitioner, the provider who referred you to this practitioner, the following practitioner database: www.amtamassage.org, or other internet searches using terms such as "massage therapy".
- **Right of Agency:** The Client has the right to choose freely among available practitioners and to change practitioners after services have begun, within the limits of health insurance, medical assistance, or other health programs.
- **Records Transfer:** The Client has the right to coordinated transfer of their records when there will be a change in the provider of services.
- **Right of Refusal:** The Client may refuse services or treatment, unless otherwise provided by law.
- **Right of Non-retribution:** The Client has the right to assert any, and all, of above-mentioned rights without retaliation from the Practitioner.

Complementary & Alternative Health Care Client Bill of Rights

I (please print your name), _____, acknowledge by my signature that I have received and understand the Complementary and Alternative Health Care Client Bill of Rights.

Signature _____

Date _____

Client Bill of Rights for Unlicensed Mental Health Care Practitioners

Section 148B.60 – 148B.71 of the Code of the State of Minnesota

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THE STATE OF MINNESOTA HAS NOT ADOPTED UNIFORM EDUCATIONAL AND TRAINING STANDARDS FOR ALL MENTAL HEALTH PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY.

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All the previously mentioned techniques are body-mind-spirit centered as to work with the whole person. The techniques originated from a variety of cultures and are utilized to facilitate your body's own innate wisdom for healing and vibrant health.

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Website: <http://www.health.state.mn.us/divs/hpsc/hop/ocap/index.html>

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- **Notice:** Clients have the right to complete and current information concerning a practitioner's assessment and recommended course of treatment, including the expected duration of treatment. Clients may expect courteous treatment and to be free from verbal, physical, or sexual abuse by a practitioner. Client records and transactions with practitioners are confidential, unless release of these records is authorized in writing by the client, or otherwise provided by law. Clients have a right to be allowed access to records and written information from records, in accordance with Section 144.335 of the Code of the State of Minnesota. Other services may be available in the community and clients may be referred as determined helpful for the client's health. Clients have the right to choose freely amongst available practitioners, and to change practitioners after services have begun (within the limits of health insurance, Medical Assistance, or other health programs). Clients have a right to coordinated transfer when there is a change in the service provider. Clients may refuse services or treatment, unless otherwise provided by law. Clients may assert their rights without retaliation.

Client Bill of Rights for Unlicensed Mental-Health Care Practitioners

Section 148B.60 – 148B.71 of the Code of the State of Minnesota

PLEASE ATTEST THAT YOU HAVE RECEIVED AND UNDERSTAND THIS INFORMATION.

I (please print your name), _____, acknowledge by my signature that I have received and understand the Client Bill of Rights for Unlicensed Mental Health Care Practitioners.

Signature_____

Date_____